



## Ember's Emotional Intelligence in "Elemental: Force of Nature" (2023)

Sukma Tiara P<sup>1\*</sup>, Vita Vendityaningtyas<sup>1</sup>, Yuli Kuswardani<sup>1</sup>

<sup>1</sup> Universitas PGRI Madiun, Indonesia

\*Corresponding Author: [tiara.pangestu15@gmail.com](mailto:tiara.pangestu15@gmail.com)

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### ABSTRACT

The ability of a person to manage their emotions and attitudes to others, including their speech patterns, body language, and interactions with others. The purpose of this research is 1.) to analyze how Ember's emotional intelligence in Elemental: Force of Nature movie 2.) the effect of Ember's ability in controlling her emotional intelligence in her life. In this research, the researcher used the theory of Emotional Intelligence by Goleman (2016). The researcher uses the qualitative data analysis method with data collection using practical approach method. The researcher examines parts of the film, capture images that represent specific events in relevant scenes, and extract dialogue or narration from characters that convey moral messages related to emotional intelligence. This method is chosen for its ability to identify both visible and invisible messages from the documents being studied. As a result of Ember's mental intelligence is demonstrated by recognizing her own emotions, managing her emotions, motivating herself, recognizing the emotions or feelings of others and also building relationships. And the effect she received was that she could control her emotions and connect with others easily. Ember benefits from having great emotional intelligence; she interacts with people more patiently, remains composed under pressure, and develops cooperation and trust in her environment.



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## 1. INTRODUCTION

Film is one of the effective mediums for managing and developing someone's emotional quotient. In the stories presented in films, audiences are exposed to a variety of emotional experiences involving its characters. Whether joy, sadness, fear, or courage, each displayed emotion can enrich the audience's understanding of human psychological complexity (Hamzah & Nafsika, 2021). Characters in animated films are often portrayed in all their dimensions, with diverse backgrounds, strengths, and weaknesses. This allows audiences to see the differences in individuals in how they respond to emotions and manage conflicts. Conflict, which often serves as the centrepiece of a film's story, provides opportunities for viewers to learn about problem-solving, empathy, and effective communication. Moral messages conveyed in films, especially those aimed at children, often address kindness, friendship, and other values related to emotional quotient. According to (Prakarti, 2023), through the experience of watching films and the reflection that follows, viewers can feel empathy, understand others' perspectives, and develop important social and emotional skills.

The subject of this study is the film titled "Elemental: Force of Nature" by Peter Sohn. Meanwhile, the object of this study is the Ember's monologue in the film. "Elemental: Force of Nature" is a computer-animated romantic comedy drama film from the United States produced by Walt Disney Pictures and Pixar Animation Studios and distributed by Walt Disney Studios Motion Pictures. This 109-minute film generated a profit of 496.4 million USD.

The story revolves around her friendship with Wade, a man from the Water nation. Despite coming from different elements, sparks of love begin to grow between them, proving that love can conquer all. However, as she meets Wade, a friendly and sensitive figure from the Water nation, Ember begins to realize that there may be other dreams waiting to be pursued. The conversations and interactions between Ember and Wade lead them to understand that Ember's true desires are not limited to her father's store legacy. Love begins to blossom between

them, although they must face the challenges that come, including obtaining approval from her difficult-to-please father.

Research on the emotional intelligence of the main characters in the film *Elemental: Force of Nature* is crucial to understanding the impact of this film on its audience. By studying the main characters in the context of emotional intelligence, researchers can explore how these characters interact with their own emotions and how they manage conflicts and show empathy in the story.

Emotion intelligence According to Goleman's 1995 book "Emotional Intelligence," emotional intelligence is the concept of paying attention to theoretical justifications for understanding 's emotional development One of the aspects of qualitative research is validity, which is focused on determining whether the findings reflect reality from the perspective of the researcher, participant, or readers of the publication (Creswell & Miller in Creswell, 2014). The researcher utilized specific approaches. For the readers to visualize the scenes and mise en scene in this study, every explanation is presented in a way that is both realistic and follows qualitative research. This step can provide enough support in finding

## 2. RESEARCH METHOD

This research is Using to Goleman's theory, the researcher focuses on issues in the film *Elemental: Force of Nature* which are related to how emotional intelligence of the main character. the writer will analyze with qualitative techniques a field record in the form of notes or recording words, sentences, or paragraphs obtained from interviews using open questions, participants, observation, or the meaning of researchers to documents or relics. In conducting the research, there are steps in analyzing data as presented below:

### 1. Determination Unit of Analysis

Determining the unit of analysis is an activity to sort data into parts that can then be analyzed. Determination of the unit of analysis based on the syntactic unit used to convey information. The smallest unit is the word, while the larger unit is the phrase, sentence that is in the monologue of the film

### 2. Data Collection and Recording

The data collection process is carried out through a reading process, and recording. This is done because the data source is a library language relating to the intrinsic element. In this stage the data has been obtained through repeated watching it is then classified according to intrinsic elements, icons, indexes, and symbols.

### 3. Inference

Inference is an activity to interpret data according to its context, this is because the meaning of a text is related to its context. Inference is done by understanding the meaning of the context in the film monologue.

## 3. RESULTS AND ANALYSIS

At this point, the researcher applied (Sugiyono, 2016) theory and Goleman (2016) theory of emotional intelligence. The section that follows the finding is a commentary of the research.

The first purpose of the research is to describe the emotional intelligence of Ember in the *Elemental: Force of Nature*. Table 3.1 shows the result of the emotional intelligence.

**Table 3.1 Research Instrument**

No.	Aspects of Emotional Intelligence	Time in Film
1	Recognize one's own emotions	
2	Managing emotions	
3	Motivating oneself	
4	Recognizing the emotions of others	
5	Building relationships	

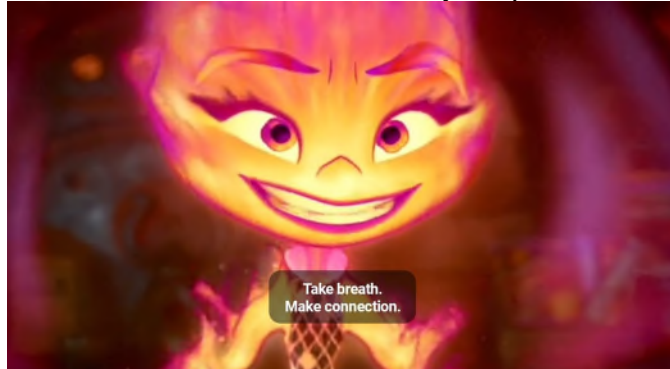
Table 3.1 shows the result of the Ember's emotional intelligence are classified by 5 instrument; recognize one's own emotions, managing emotions, motivating oneself, recognizing the emotions of others, building relationships, The first finding, Recognizing one's own emotions is a fundamental aspect of emotional intelligence, which involves the ability to identify and understand various feelings and reactions that arise within oneself. It entails a deep awareness of the emotions being experienced. In the animated film *Elemental: Force of Nature*, Ember Lumen is trying to recognize her own emotions while speaking with her father. This is evident from the scene below.



Scene at minute 08.55-09.15

Ember Lumen : Sorry Ashfa. I don't know why that one got away from me.  
Bernie Lumen : You are tense because of big Red Dot sale tomorrow. It has us all in a broil.  
Ember Lumen : I guess. It's just that some of these customers, they get me all....  
Bernie Lumen : I know. I know. Just do what we practice. You are so good at everything else.  
Ember Lumen : You're right. I will get it.

Second, managing emotions is a crucial aspect of emotional intelligence, involving the ability to recognize, understand, and regulate emotions appropriately in various situations. This ability enables individuals to respond effectively to stress, pressure, or conflict, as well as maintain healthy interpersonal relationships.



Scene at minute 08.19-08.23

In the scene, Ember Lumen is shown attempting to control her emotions while dealing with a customer. She repeatedly says, "Take a breath. Make a connection," while holding back her anger. In this scene, Ember Lumen's face also begins to turn purple, indicating that she is becoming angry

Third, Self-motivation is an important aspect of emotional intelligence, involving the ability to generate and sustain internal motivation in achieving personal and professional goals. It involves managing emotions to strengthen determination and perseverance in facing challenges and obstacles.



Scene at minute 14.40

In the scene excerpt at minute 14.14-14.17, Ember Lumen is seen talking to the blue flame. She says, "Blue flame, please, let this go my way." Furthermore, in the scene excerpt at minute 14.40, as Ember Lumen prepares to greet customers, she also says to herself, "Calm as a candle." Based on the scene excerpts and dialogue above, it indicates that Ember Lumen is trying to motivate herself.

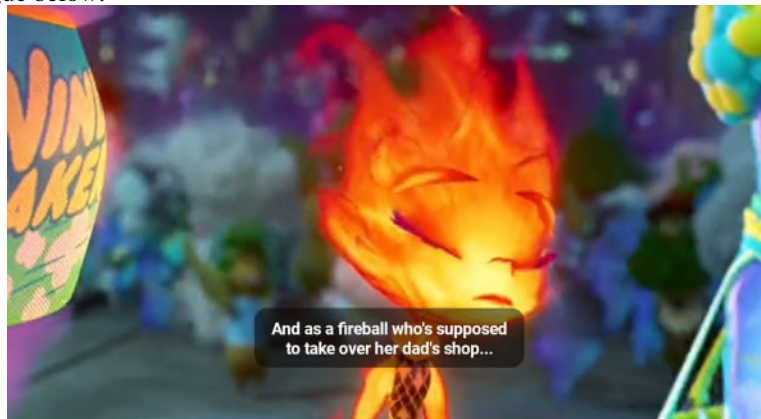
Fourth, Recognizing the emotions or feelings of others is an important aspect of emotional intelligence, involving the ability to understand and sense what others are experiencing. This includes the ability to read facial expressions, body language, and the tone of voice of others, as well as interpreting the implicit emotional messages in interpersonal interactions. In the scene excerpt at minute 46.57-47.07, there is also emotional intelligence demonstrated by Ember Lumen as she calms down her angry father.



	Scene at minute 46.57 – 47.07
Bernie	Water want to water us down?! Then water no
Lumen	longer allowed in shop. He is panned !
Ember	Banned.
Lumen	
Bernie	Banned !
Lumen	
Ember	Ashfa, it's okay. It's all going to be okay.
Lumen	

In the scene excerpt above, Ember Lumen realizes that her father is angry. She says to her father, "Ashfa, it's okay. It's all going to be okay." Ember Lumen's words indicate her ability to recognize the emotions of others. Based on the excerpt and dialogue above, it can be said that the main character shows empathy towards others, which is one manifestation of emotional intelligence.

Last, Building relationships is a crucial aspect of emotional intelligence, involving the ability to establish, maintain, and deepen positive and productive interpersonal relationships. In the film *Elemental: Force of Nature*, there is a scene that demonstrates the emotional intelligence aspect of building relationships. This is evident in the scene excerpts and dialogue below.



Scene at minute 30.01 – 30.23

Ember Lumen : I gotta admit, that was pretty cool.

Gale Cumulus :You can see why I can get all churned up, but as a cloud puff who used to come here with her dad, all these wins mean a little bit more.

Ember Lumen : And as a fireball who's supposed to take over her dad's shop, I sure don't want to let him down, and I could use a win, too. Now, I just got to stop water from coming in.

In the scene excerpt and dialogue above, it is evident that Ember Lumen is trying to persuade Gale Cumulus to withdraw the closure demand for her father's shop. This is also indicated by Ember Lumen's statement, "And as a fireball who's supposed to take over her dad's shop, I sure don't want to let him down, and I could use a win, too. Now, I just got to stop water from coming in." Her words indicate that Ember Lumen is attempting to build a positive relationship with Gale Cumulus in a more gentle manner.

The second purpose is identify the effect of Ember's ability in controlling her emotional intelligence in her life. In the context of the animated film "*Elemental: Force of Nature*," Ember's ability to control her emotional intelligence offers profound insights into character complexity and personal development. Ember is not only a character with extraordinary physical strength as the fire element but also demonstrates crucial emotional skills in fulfilling her role. Through self-awareness, emotional management, self-motivation, and relationship-building abilities, Ember shows how emotional intelligence becomes key in overcoming challenges and influencing interpersonal dynamics within the story. This subsection will delve deeper into how these abilities affect Ember's decision-making, her growth as a character, and their impact on the overall storyline.

#### First Controlling Her Anger

In the animated film "*Elemental: Force of Nature*," Ember's success in controlling her anger when confronted by others highlights a significant aspect of her character and narrative development. As a fire elemental character, Ember possesses immense power that could easily be triggered into destructive anger. However, she consistently displays a remarkable ability to restrain her temper and respond with composure, even in the face of provocation or conflict. This is shown in the scene at minute 40.26 below.

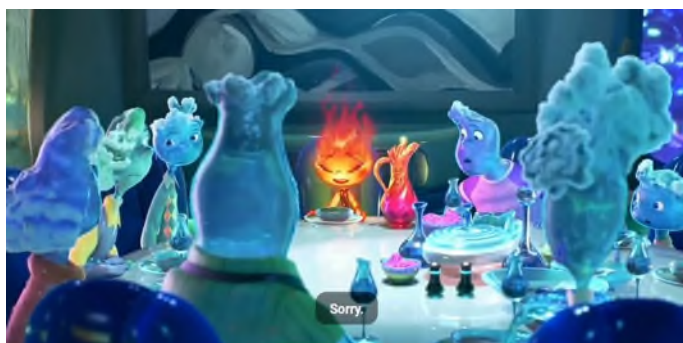




Scene at minute 40.26 (No Dialogue)

In the scene, Ember is seen serving customers in a friendly manner, after previously she was often nervous and ended up getting angry. This is the effect of her emotional intelligence. This skill not only demonstrates Ember's emotional resilience and maturity but also portrays her as a role model for emotional regulation. Throughout the storyline, Ember's capacity to withhold her anger not only shapes her personal growth but also influences the dynamics of her relationships with other characters, emphasizing the transformative impact of emotional intelligence in fostering understanding and resolving conflicts. Her ability to maintain control over her emotions serves as a pivotal element in defining her journey and underscores the broader theme of emotional maturity and self-discovery in the narrative.

Second, connecting with others easily, In the animated movie "Elemental: Force of Nature," Ember's success in connecting with others easily underscores the profound impact of her emotional intelligence. This is shown in the scene below.



Scene at minute 55.23

In the scene, Ember is seen chatting casually and politely to Wade's family, who are the personification of the water element. This shows that her emotional intelligence is also useful for building good relationships between people.

#### 4. CONCLUSION

In the film "Elemental: Force of Nature," various aspects of emotional intelligence are reflected through the interactions between the main characters. Ember, representing the element of fire, faces the challenge of managing her passionate emotions, especially when difficult situations arise in her family's grocery store. However, the presence of Wade, representing the element of water, teaches Ember about the importance of embracing differences and motivating oneself to overcome obstacles. The film also highlights the importance of recognizing one's own emotions, especially when Ember has to deal with anger and anxiety. The interaction between Ember and Wade provides a lesson in recognizing the emotions of others, where they learn to support and understand each other, despite having different backgrounds and personalities.

Equally important, the film shows how building healthy and meaningful relationships can provide the emotional support needed to overcome obstacles. Ember and Wade learn to work together and build a close relationship, proving that collaboration and empathy can overcome differences and strengthen the bonds of friendship.

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